



T·E·S·S·A

A Report to The Community

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2005

T·E·S·S·A's Mission:

To significantly reduce domestic violence and adult sexual assault through prevention, intervention, and treatment

About the Organization:

- ☑ Founded in 1977
- ☑ Annual operating budget of \$1.9 MM
- ☑ Approximately 55 staff (full- and part-time) and over 100 volunteers
- ☑ Serves approximately 3,000 people in person each year and over 42,000 by phone

Community Need

Interpersonal and sexual violence remain two of the most significant violent crime issues facing our community.

- ☑ Domestic violence is estimated to occur in one in six homes (Straus & Gelles, 1988) and is at the root of so many of our social ills (delinquency, criminal behavior, alcohol and other drug abuse, eating disorders, etc.).
- ☑ One in four Colorado women report experiencing an attempted or completed rape in their lifetime (CCASA, 1999). This crime is usually committed by an acquaintance and usually targets girls and young women (Tjaden & Thoennes, 2000).
- ☑ In 2005, T·E·S·S·A:
 - received over 43,000 domestic violence and sexual assault client service calls;
 - provided 8,130 nights of shelter to 237 women and 178 children
 - provided confidential advocacy to over 2,350 domestic violence and/or sexual assault victims, and;
 - counseled over 600 non-residential adults and children.
- ☑ T·E·S·S·A turned away 36 requests for safehousing due to insufficient capacity—a recent record.
- ☑ The Colorado Springs Police Department responded to approximately 15,000 – 20,000 domestic violence calls for service and made approximately 3,200 domestic violence arrests.
- ☑ According to a recent FBI report, Colorado Springs had a high number of rapes despite a relatively low rate of crime overall. During 2004, 274 forcible rapes were reported to the Colorado Springs Police Department.
- ☑ Ten people died from domestic violence in 2005.
- ☑ El Paso County experienced more domestic violence related homicides in 2002 than Denver, Douglas, Boulder and Adams Counties combined (DVERT data analysis, 2003).

T·E·S·S·A's Services and Programs

T·E·S·S·A is the primary agency in El Paso County dedicated specifically and solely to the issues of domestic violence and sexual assault. Currently, T·E·S·S·A has over 50 staff (full-time and part-time) working to serve clients in seven different locations, including Cripple Creek and Calhan. T·E·S·S·A offers a wide variety of prevention, intervention, advocacy and clinical services:

24-Hour Crisis Line

Staff and trained volunteers provide intervention, information, and community referral services to domestic violence and/or sexual assault victims. **719.633.3819**

Safehouse

T·E·S·S·A's Safehouse provides emergency shelter, food, case management, counseling, and support to female victims and their children. Women and children can stay up to eight weeks, during which time an assessment of their therapeutic and non-therapeutic needs is conducted. Depending on the results of this assessment, the Safehouse provides counseling, parenting coaching, case management, and advocacy to clients. Assistance is also offered around finding permanent safe housing, employment, childcare, adult educational opportunities, and even new identities, should that be necessary for their situation. **719.633.3819**

Children's Program

The Children's Program offers therapeutic and non-therapeutic services and supports to children who have witnessed and/or been victims of domestic violence. Children residing in the Safehouse receive case management, therapy, and play/recreation. Psycho-educational, developmentally appropriate groups (DoVE Kids and Teen DoVE) are provided to non-residential children living in violent homes. **719.633.1462**

Victim Advocacy

Staff and trained volunteers provide advocacy, information, support, and referrals for victims struggling with domestic violence and/or sexual assault. Advocacy includes the development of safety plans, assistance with temporary restraining orders, sharing information and referrals, on-call hospital response, and basic support and education as individuals develop their options for their future. In addition, the Victim Advocacy program offers psycho-educational support groups for adult victims of domestic violence to provide education about domestic violence, self-esteem, healthy relationships, goal setting and problem solving (these are DoVE groups). Individual advocacy is also available for Spanish speaking victims. **719.633.1462**

Counseling Program

T·E·S·S·A offers group and individual psychotherapy to people involved in family violence, as well as to victims of sexual assault. Although there are other agencies and private therapists in our community, T·E·S·S·A's counselors are specifically trained and certified to treat the psychological problems contributing to and resulting from domestic violence and/or sexual assault. **719.633.1462**

Domestic Violence Enhanced Response Team (DVERT)

DVERT is a community-wide response to high-risk domestic violence cases. It involves over 35 community organizations, and applies intensive multi-disciplinary case management to the most lethal domestic violence cases in our community. T·E·S·S·A was an integral part of starting DVERT in 1996, which is now recognized as a national model. **719.444.7813**

Community Outreach

Staff and trained volunteers are available to any group requesting a presentation about the dynamics of domestic violence and/or sexual assault. T·E·S·S·A welcomes invitations to educate the community. In particular, T·E·S·S·A provides training and education to schools, businesses, community associations, and faith-based organizations. **719.785.6808**

Volunteer Program

Volunteers are recruited and trained to assist with the Crisis Line, Safehouse, Children's Programs, Victim Advocacy, Community Outreach, administration, fundraising, and special projects. **719.785.6809**

2005: The Year in Review

During 2005, T·E·S·S·A continued to serve thousands of adults and children throughout the Pikes Peak region. Highlights from the past year:

- Received expanded funding for our Rural Program, enabling us to continue to have a full-time Advocate/Clinician in both Calhan and Cripple Creek and to hire a full-time educator dedicated to rural Pikes Peak region communities.
- Instituted anti-racism/anti-oppression training for staff, and redesigned our cultural inclusiveness training for new staff/volunteers.
- Continued our peer education program at Wasson High School and the Colorado Springs School's Middle School. This approach is designed to teach peers how to talk with their peers about sexual harassment/assault and dating violence prevention.

2005 T·E·S·S·A Client Statistics

T·E·S·S·A Performance Indicator	2005
# of Safehouse clients (these adult and child clients receive advocacy, case management, therapy, psychoeducational groups, and parenting coaching (if applicable))	415
# of Safehouse nights of shelter provided to women and children	8,130
# of non-residential clients receiving advocacy services	2,397
# of non-residential clients receiving individual counseling	305
# of non-residential clients receiving group counseling	342
# of community presentations and trainings	114
# of people reached during community education presentations and trainings	5,318
# of volunteers	151
Client Satisfaction Survey results (annual)	Overall average score 3.41 (4.0 is the top score)
% of Safehouse clients who report achieving at least one of their self-identified goals during their stay	60%
% of Safehouse clients who move into a safe living situation	57%
% of Safehouse residents who rate their experience good or very good	90%
% of Safehouse residents who would be likely or highly likely to recommend the Safehouse to a friend	92%

Dating Violence Prevention Education Pre- and Post-Test Results

Questions	Overall Pre-Test	Overall Post-Test	Overall Change	Overall % Change
I know the characteristics of dating violence	3.1	4.6	1.5	52%
I know about Bystander Intervention	1.9	4.4	2.5	139%
I know about power and control	3.3	4.7	1.4	43%
I know the school and community resources to use to report teen dating violence	2.5	4.5	2.0	79%
AVERAGE SCORES	2.7	4.55	1.9	78%

A positive percent change suggests increased knowledge!

North Carolina Family Assessment Survey Results

T·E·S·S·A Safehouse and Children’s Program staff continue to experiment with different assessment and evaluation tools to evaluate their work. We are currently using the North Carolina Family Assessment Survey (NCFAS) to assess family progress. This assessment was *not normed* on victims of family violence living in shelters. Rather, it was normed on families engaged with Family Preservation services. However, it is well-validated, widely used, broad based, and used to assess different domains of family functioning. It is used as a pre- and post- test. Our results, to date, are as follows:

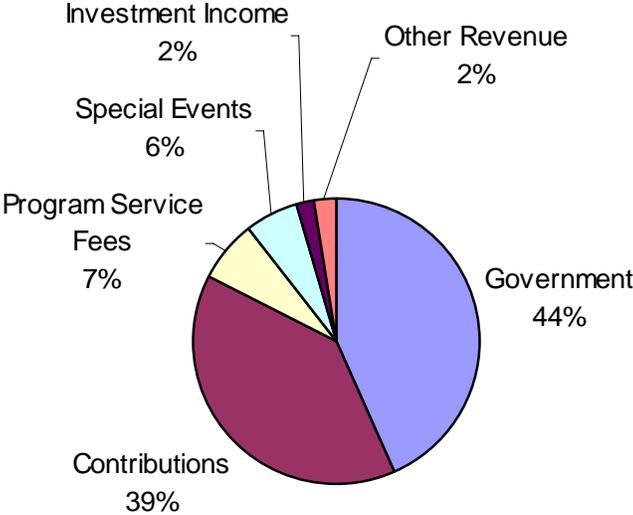
NCFAS Domain	Pre- vs. Post-Test Change*
Environment	1.5 (87%)
Parental Capabilities	0.7 (96%)
Family Interactions	0.6 (95%)
Family Safety	0.9 (80%)
Child Well-Being	0.6 (136%)

** Results are from 2/05 – 2/06. A positive number suggests improvement. N = 30 families. The average length of stay for these families: 45 days.*

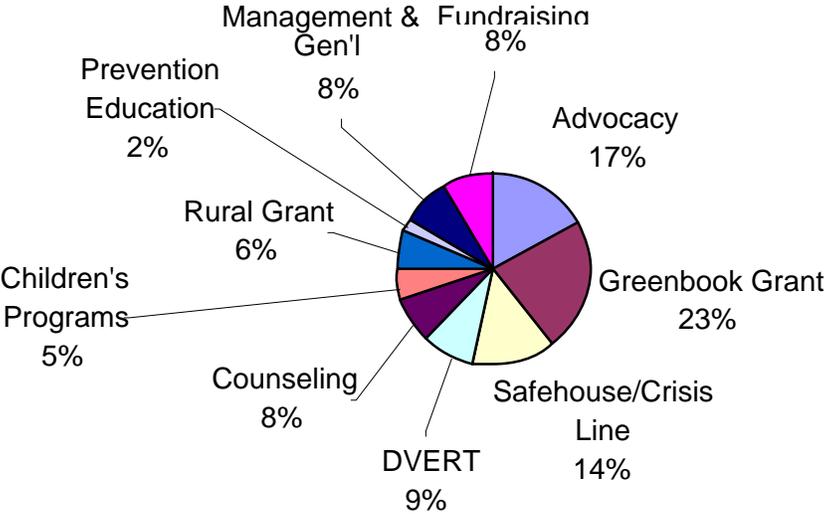
The results suggest our interventions, via your investment, are having a positive effect on the families served.

T·E·S·S·A Financial Information

2005 Unaudited Revenues



2005 Unaudited Expenses by Program



T·E·S·S·A's Future

- ☑ A **new Safehouse** that can house up to 50 to 75 women and children. Likely, this new Safehouse will be combined with community based services and programs in the form of a campus that serves both residential (Safehouse) and non-residential (community based) clients.
- ☑ Development and expansion of additional **specialized services** for key populations, e.g. Spanish-speaking psychotherapy and psychoeducational support groups.
- ☑ Continued development and sustenance of the **rural programs** in Cripple Creek and Eastern El Paso County (Calhan).
- ☑ Continued expansion of our **prevention education** programs, particularly in the schools.
- ☑ The development of a **community organizing** competency.
- ☑ Expansion of our **children's programs**—particularly services and supports for community-based children and youth.

T·E·S·S·A Leadership & Contact Information

2005 Board of Directors (as of 12/31/05)

Renita Wolf, President
 Tim Stack, Vice-President
 Rita Burns, Secretary
 Matt Carpenter, Treasurer
 Sue Autry
 Pamela Butler
 John Cruzat
 Carolyn DeKok
 Barbara Drake
 Monserrat Edie-Korleski
 Ron Gibson
 Ann Marie Ives
 Robin Johnson, MD
 Lori Kuzara
 Whitney Luckett
 Alicia McConnell
 Satvinder Singh
 Gurney Sloan
 Cathy Wicklund

All board directors serve as volunteers, and therefore are not compensated for their time.

2005 Senior Staff (as of 12/31/05)

- Kirsten Akens, Director of Resource Development
- Sharon Botti, Director of Human Resources and Operations
- Cari Davis, Executive Director
- Erin Duran, Associate Program Director, DVERT
- Dani Francis, Director of Finance
- Patrick Shargel, Director of Clinical Services
- Michelle Valdez, Director of Advocacy

...in conjunction with a fabulous staff and volunteer base!

T·E·S·S·A Contact Information:

24 Hour Crisis Line: 719.633.3819
 General Information: 719.633.1462
 Website: www.tessacs.org
 Office: 320 S. El Paso, Colorado Springs, CO 80903
 Mailing Address: P.O. Box 2662, Colorado Springs, CO 80901